

Symphony Village's Newsletter

September, 2008

MISSION STATEMENT: To enhance the quality of life and promote a harmonious community through the timely publication of accurate information about residents, events, and activities in and around Symphony Village.

WELCOME NEW HOMEOWNERS!

<u>New Residents</u> Ron & Dottie Dillon 726 Harmony Way

Norma Cantwell 375 Overture Way

Welcome Evening for New Residents

All new residents are invited to a "Welcome Evening" on Wednesday, September 24, at 7 p.m. in the Clubhouse Grand Concert Room. This is an informal get-together to meet other new neighbors, have dessert, and learn more about your new community. Please sign up in the Activities Book in the Clubhouse or call Carol Hodges at 410-758-0591 so we can plan appropriately. If you have been previously invited and were not able to come, please feel free to attend. Again, just call Carol or sign up.

FROM JAN'S DESK

Notary:

I am now a Notary Public. Please feel free to contact me Monday through Friday after 9 a.m.

Pool Closing: The last day for use of the Outdoor Pool will be Sunday, September 21, 2008.

Seminars:

Monday, October 13, at 7 p.m. Dr. John La Ferla (Corsica Women's Health--located here in Centreville) will speak on Breast Health in conjunction with the October, National Breast Cancer Month. If you have a medical issue or a topic, that you would like to have a seminar on, please let me know.

Vol. III No.9

Travel:

We have two couples going on the **Branson Musical Holiday** trip December 9--11. There are still 6 seats available. See the Activities Book for details or check with Jan. Detailed information is in the Activities Book for a trip to **Spain** in Nov. 2009. Additionally, a trip to Israel is proposed: A **Journey to the Holy Land** in 2009 which lasts 10 days and includes14 meals starting at \$1599 per person, land only, based on double occupancy during low season. Air will be arranged from our area. If you would be interested, see Jan.

Just Booked: Because of the great response to the **Rockies Rail Highlights** trip this past May, we have booked the trip again for Sunday, May 10, 2009, through Sunday, May 17, 2009 which lasts 8 days and features the Rocky Mountain Train with optional Vancouver/Victoria Post Tour Extension. Highlights include: Calgary, Lake Louise, Icefields Parkway, Columbia Icefields, Banff, Rocky Mountaineer Train, Kamloops and Vancouver. If you are interested, see Jan.

Exploring Maryland Heritage:

A new group has been formed to explore our Maryland heritage. During the coming months, we will be providing opportunities for you to enjoy learning about Maryland's fascinating history. Exploration of this history will be with the help of interesting speakers and field trips. If you are a native Marylander, come join us for the fun of rediscovering your Maryland heritage in a new way. If, however, you have just become a Marylander, this is a good way for you to learn more about your adopted state.

Watch the Libretto and Jan's Weekly Update for date and time of our activities. Any questions? Please call: Ellen Norman (410-758-3047), Linda Gardner (410-758-0646), Doris Pullman (410-758-1578), or Eleanor Strietman, (443-262-8162).

FROM DENNIS' DESK

Recent drought conditions are impacting tree health. Due to the different irrigation requirements for turf and trees, we are asking for your help in supplying additional irrigation for the trees in your community. When you see a tree that is looking wilted, off color, or dropping leaves before the normal time, it is likely that the tree is in need of more water. In general, a tree should receive at least 1" of water per week over its entire root zone. Due to the irrigation system already supplying some of the water requirements, the following general guidelines have been developed for your street trees and the trees located behind your house:

- 1. For irrigated trees, our goal would be to try to apply approximately 20 additional gallons of water per week that no rain is received. For non-irrigated trees, our goal would be to try to apply approximately 20-40 additional gallons of water per week that no rain is received. If natural rain occurs, you can reduce the amount of irrigation you supply depending upon the amount of rain received.
- 2. It is best to accomplish tree irrigation in fewer, deeper soaking events than frequent light water applications. Generally providing the appropriate amount of water in 2-3 applications over the course of the week would be best.

- 3. To soak the water deep, place a hose with a slow trickle of water coming out on each side of the tree. The amount of time required for this will depend largely on how much water is coming out of the hose (consider timing how much water comes out to fill a 1 gallon bucket).
- 4. Try to avoid letting the water run off, out of the root zone; obviously this would prevent the tree from being able to take advantage of the water. Slow and steady is the name of the game to ensure that the water soaks as deep as possible. Adjust the irrigation time to help it soak as deep as possible.
- 5. These general guidelines were developed as best practices. The closer that you can come to supplying the appropriate amounts, the better the trees will be able to cope with the drought stresses.
- 6. This irrigation regiment should be followed until reliable rains return.

Two years of summer drought conditions have taken their toll on these young trees. Once establishment occurs supplemental irrigation will become less important. In general, the trees in your community will take 5-7 years from the date of planting to become well established. With your help, we will ensure that the community's tree collection grows as strong as possible.

Thank you!

THE F.A. BARTLETT TREE EXPERTS CO. 913 S. Talbot Street St. Michaels, MD 21663 (410) 745-5100 FAX – (410) 7459173

COMMITTEE REPORTS

LIFESTYLE UPDATE

The summer season is quickly coming to a close, and the beautiful season of autumn shows some early signs. What a wonderful time was spent at the community cookouts this summer! Everyone has agreed that the participation of three different community groupings was a great idea and should be repeated again next year. Didn't we eat some delicious food and desserts? Allen Beck contributed to each menu with his culinary talents and endless work. Thank you, Allen; and thank you, everyone, for your fabulous participation, enthusiastic energy, and terrific Symphony Village spirit.

The Crab Feast on the Choptank River was a wonderful event. Thank you, Linda and Bob Farrar.

Let's take a look at what's in store for the next two months:

- Wisdom prevailed and the Newseum Day Trip was cancelled due to the work on the Bay Bridge. There are many daily backups and our busload need not be a part of it.
- Continue to check the Weekly Update for daily activities, Happy Hours, Movies and Game Nights, Ladies' and Men's Nights.

- Our Lunch Bunch will gather at Martini's Restaurant on Washington Street in downtown Easton on Tuesday, September 23. Sign up today.
- It's a ladies' outing to the Hippodrome Theatre to see "Legally Blonde" on Wednesday, October 8. Sign-ups were taken a few months ago for this event.
- Saturday, October 11, is the date for our fall Garage Sale. Be sure to sign up for participation in this event. The \$5.00 sign-up cost pays for advertisement and signage. Arrangements will be made to have unsold items picked up and carried away, if you so choose.
- The Oktoberfest Happy Hour on Saturday, October 18, is a sign-up event and is free. Bratwurst will be provided for the crowd, and we need a head count in order to serve everyone. German appetizers and desserts are requested to accompany the bratwurst. I'm looking forward to some delicious apple strudel.
- Be sure to invite your grandchildren to our Halloween Party on Saturday, October 25, from 2 to 4 p.m. Details about the program may be found in the Activities Book. Linda Farrar needs a head count, and she also needs your help.
- Active adult communities also enjoy a Halloween celebration, and we will do just that at our Friday night Happy Hour on October 31. (More details to follow in the October *Libretto* and future updates.)
- **Dining Inn** is on the calendar for Saturday, November 1, for all those interested. Check the Activities Book for more details.
- Host couples are much needed for the Happy Hour evenings. Please check the signup page in the Activities Book and host one of our best loved social evenings.
- Have you checked out the theatre and day trip interest sign-up sheets in the Clubhouse Activities Book? We need to know your interests before purchasing tickets and/or making definite plans for day trips.

An update about our Christmas/Hanukkah events:

- For the third consecutive year, homeowners are invited to decorate the Clubhouse for our December Holidays. We combine this enjoyable task with a delicious soup supper. Trees arrive, wreaths are hung, and a multitude of decorations are pulled out of storage. When all is done, the place is more beautiful than ever. The date for this gala event will be determined soon.
- A Holiday Show and Dinner will be held on Saturday, December 6, and Sunday, December 7, at the Clubhouse. The show will be presented under the direction of Shelley Abbott, and Casual Caterers will be serving a buffet dinner. The cost is \$50.00 per person. Each evening will accommodate 100 people. Scheduled sign-ups with payment will soon be announced in the weekly updates. Table reservations may be made for a party of 8 to 10, if you wish; otherwise, table space will be available without reservations pending upon sign up and payment. Spread the word, know your date, and sign up early.
- A festive Holiday Happy Hour will be held on Friday, December 19, with a DJ. The dance floor will be down, and you can dance the night away. It will be one happy holiday celebration.



OUTREACH UPDATE

Symphony Village Volunteers In Action -- Harriett and Raymond Goodmuth

Recently I attended a Caregivers meeting in Symphony Village, and there seemed to be a lot of interest in the Lifeline System. At their suggestion, I have written the following information that you may find helpful for yourself as a caregiver or someone you know who may live alone.



My husband, Ray, and I have become Lifeline Volunteers with the American Red Cross Delmarva Peninsula. Since we are both retired now, we have time to give back to the community. After attending a Red Cross meeting at the Centreville Library, we felt we could work as a team to install the Lifeline systems. Ray installs the equipment (a Lifeline monitor), and I do the paperwork. New Lifeline Volunteers need to attend a one-hour Red Cross orientation and attend an

installation or two for the necessary Lifeline instruction. Once the Red Cross receives an order, we are notified of the client and we schedule the appointment to install the system. It generally takes about one hour to install, test the equipment, and complete the associated paperwork. So far we have made four installations and have had a very positive reception from the clients. We feel that we have left the client with a little more peace of mind knowing that help is just a "push-button" away.

Lifeline is very simple to use. The client presses the Personal Help Button that can be worn as a necklace or a bracelet; and, within seconds, a Lifeline responder is able to summon assistance anytime 24 hours a day, 365 days a year. The Personal Help Button is waterproof, so there is no need to remove it even to bathe. For someone who lives alone or is handicapped, this service affords a great sense of security to them and to their caregivers. If you would be interested in volunteering, or if you would like more information about the Lifeline Service, please contact us at 410-758-6596.

<u>Neighbor to Neighbor</u>



Hi Neighbors!! Summer has been great! And the SV summer events have all been fun and very successful. In addition, I recognize the fact that we all also took the time to pause and remember the hardships and losses of our neighbors. Many expended time and effort to insure those in need received the benefits of this caring and giving neighborhood.

This community of ours will always be faced with uncertainty on a daily basis, as does the world. However, we as SV residents need to be extra vigilant in our daily lives. Due to the range of ages and range of health histories, we should always be aware and alert for any noticeable changes in the physical or mental status of those around us. I believe we owe it to ourselves, our families, and neighbors and friends to be as prepared and protected as possible. Which brings me to the point of this article: if you or your neighbor do not have the "File of

Life" or "Five Wishes" forms filled out and put in appropriate places; or, if you or your neighbor do not have the "emergency flashing light bulb," please call your street captain or me. Our Neighbor to Neighbor group is willing to explain and/or assist with implementing these items. In addition to these, there are also "lifeline monitors" on the market which lessen the fear of living alone and alleviate some of the anxiety of our families. I feel that, as responsible adults, we should make every effort not to take life for granted. Let's try to be prepared for the unknown and reassure our neighbors and families we have made every effort to take responsibility for our own well-being. – Judy Hamm

Caregivers



If you are confused about what Medicare programs you should sign up for-- be it A, B, D, F, or J—the Caregivers group has a speaker coming just for you!! On October 6, a speaker from the Department of Aging will present a program on Medicare. We all know how confusing it is, but, hopefully, some of our questions will be answered. The meeting is Monday, October 6, at 1 p.m. at Beth Dewhirst's home, 301 Overture. Please join us.

Don't Miss the Chance to Win Jeanne Novack's Fabulous Quilt

The quilt is on display in the Clubhouse Card Room. Raffle tickets are in a bag attached to the quilt. Please fill out the stubs and place the completed stubs and donation in the envelope inside the bag. Keep the receipts for your records. Tickets are \$2.00 each or 3 tickets for \$5.00. All funds collected will be donated to Hospice of Q A. The drawing for the quilt will take place on September 20 at the Sunset Celebration for Hospice. This year's fundraiser will be held at a private home on the water. It will be a lovely affair in the finest Eastern Shore tradition. Tickets are \$50 each. If you would like to attend, please call Dorothy Hamm (410-758-3803).

Walking for Alzheimer's Disease

Village people put on your walking shoes and join the fun and your neighbors as we walk to help the Alzheimer's Association. Meet at the Picnic Pavilion at 9 a.m. Saturday, October 11, (rain date October 18) to participate in a Memory Walk to benefit the Alzheimer's Association. Symphony Village Outreach/Neighbor to Neighbor/Caregivers will donate \$2.00 to the Alzheimer's Association for each walker. The route will cover Symphony Village and the path to the shopping center, but you are not obligated to any specific mileage. You can walk a block, a mile, whatever feels good. We want your support at any distance. Refreshments will be served in the Picnic Pavilian after the walk! Please e-mail or call: Judy Hamm, jjh120901@aol.com, 410-758-6599, or Joyce Edmonston, joyceedm@verizon.net, 410-758-4908, to sign up for a fun morning. Donations from family and friends are also welcome, but certainly not necessary! (Make checks payable to the Alzheimer's Association.)

Annual Card and Game Party

The Queen Anne's County Adult Day Care Foundation is holding its 12th Annual Card and Game Party on Thursday, November 6, from 9:30 a.m. to 3:00 p.m. at Prospect Bay Country Club. This fundraiser costs \$30 per person and includes morning coffee, lunch, and a day of fun

playing your favorite game. Ladies and Gentlemen players are welcome. To reserve a table, send a check made payable to "Adult Day Care Foundation" to Phyllis Diedrick, 3201 Bennett Point Road, Queenstown, MD 21658. For more information, call Phyllis at 410-827-7686

House Tour April 25, 2009

Anyone interested in helping with the luncheon (preparation, serving, hostessing, cleanup, etc.), please contact Nancie Cameron at 410-758-3948 or email: <u>cr8ivecake@atlanticbb.net</u>. A preliminary planning meeting will be scheduled before the end of the year.



Who can I hire to put in a knee wall or move some doors or build some shelves? See pages 16 to 20!

PUBLICATION AND COMMUNICATION UPDATE

Advertisers

Please patronize our advertisers. When you have services done in your home or outside the home, encourage the person to advertise in the *Libretto*. You could give them the page of ads showing the price of advertising. We want to thank those of you who have done just that.

SYMPHONY SNEAKERS UPDATE

We are getting closer to our 4^{th} Annual Sneakers Auction, which will held be on Saturday November 8 from 5 – 8 p.m. Your invitation for this gala event will be in the mail early in October. Please RSVP in the Activities Book when the invitation arrives. It is not too late to donate items to be included in the silent auction. Contact Helena Joy (410-758-6532) or Linda Farrar (410-758-8744).

As you know, all proceeds from this auction are used to aid the students in the Centreville schools. We provide emergency clothing and supplies, as well as educational support, including our book give-a-ways and college scholarships for local students to local colleges. Our first book give-a-way at Kennard Elementary will be Donuts for Dads on October 30-31.

Our next Sneakers meeting will be Wednesday, October 22 at 6:30 PM in the Clubhouse. Remember, all Symphony Village residents are encouraged to join Sneakers. We would love to have you.



Who does permanent hair removal? See pages 16 to 20!

NEIGHBORHOOD NEWS

Neighbors on Stage

"Pride of the Bay Chorus Show" is on Saturday, October 18, at 7 p.m., in Chesapeake College's Todd Center. This year's show features two other local groups with Symphony Village residents: Queen Anne's Chorale and Harmony on the Bay Sweet Adeline's chorus. Round Midnight, a New York championship quartet, will also perform. Center-aisle tickets for this popular show are available at the Clubhouse for \$15. See Jan. Make checks payable to Pride of the Bay (POB).

Where Does It All Go? "No Dumping----Drains to Corsica River"

Perhaps you have seen this message on small circular plaques fixed to the tops of storm drains throughout Symphony Village. It tells you that all excess rain and irrigation water that does not percolate into the ground runs off saturated lawns and common areas, empties into storm drains, enters nearby streams that surround Symphony Village, and feeds into the Corsica River and ultimately the Chesapeake Bay. This runoff carries with it herbicides, pesticides, fertilizers, plus other lawn chemicals, adding to the pollution of the river and bay.



Rain Gardens are becoming popular landscaping tools for storm water management since they can help maximize water infiltration and minimize runoff. Rain gardens are usually positioned down-slope of gutters to catch rainwater from roofs. The initial installation includes soil improvements and mulching along with native plants with large root systems for increased water absorption. Prior to installation, a consultation between a professional landscaper and the homeowner would be scheduled. Rain gardens also provide habitats for wildlife (songbirds, butterflies, etc). Some SV residents already have rain gardens in their backyards subsequent to approval from the Covenants Committee.

If you are interested in promoting the environmental well being of your community by installing a rain garden <u>free of charge</u> on your property, you have several options:

- Contact Betty McAtee (410-758-2443) or Cass Smith (410-758-6965) for informational brochures and applications.
- Contact Debbie Pusey at the Corsica River Conservancy (410-758-8623; corsicariverconservancy@verizon.net).
- Attend the "Corsica Watershed Awareness Day" event on Saturday, September 20, at Bloomfield Farm (Rt. 213 between Northbrook and White Marsh Road) for more information.

Chesapeake Bay Fishing Trip

On Saturday, August 23, (at 6:30 a.m.!) 12 fishermen met at the Clubhouse to carpool to Hemingway's for an all-day fishing trip aboard the beautiful and comfortable Pintail Princess. We left the dock promptly at 7 a.m. and trolled south toward Bloody Point Lighthouse. We trolled six rods and took turns reeling in the fish. Each person caught at least two fish (mostly blues). We headed north to the mouth of the Chester River where two 26" rockfish were landed (yum). The weather was gorgeous—blue skies, fluffy white clouds, lots of sunshine, calm seas, and a delightful breeze. A delicious box lunch was served. Captain Josh and Mate Rob were amiable and knowledgeable hosts. When we docked at 3 p.m., we all agreed we wanted to do it again!



American Legion's Dinners and Brunch for September and October

Sunday	September 14	Brunch	7—11 a.m.	\$7
Friday	September 19	Chicken Dinner	6—8 p.m.	\$9
Friday	September 26	Shrimp Dinner	6—8 p.m.	\$10
Friday	October 3	Pork Chop Dinner	6—8 p.m.	\$9
Friday	October 10	Crab Cake Dinner	6—8 p.m.	\$12
Sunday	October 12	Brunch	7—11 a.m.	\$7
Friday	October 17	Chicken Dinner	6—8 p.m.	\$9
Friday	October 24	Shrimp Dinner	6—8 p.m.	\$10
Friday	October 31	Steak Dinner	6—8 p.m.	\$13

The above listing is tentative and subject to change. Check our "billboard" in front of the Post's home. Remember, the American Legion Post 18 is a smoke-free building. Thanks to the many SV residents for supporting our meals the past 12 months. For more information contact Keith Tennier (410-758-4743).

CLUBS AND CLASSES

The "Gazebo Gang" Symphony Village Garden Club

The meeting time for the Gazebo Garden Gang has been changed from Tuesdays to **Saturdays** at 9:30 a.m. On September 6, we were rained out. We had a good turnout for the last meeting and accomplished a great deal. We eliminated the euphorbia, which had taken over the East-5 bed. We also did a lot of weeding and deadheading. This does not take long when you have sufficient help. Right now, we have 11 residents who have taken ownership of personal beds. Joan and Jack care for the 9 other beds. We need 7 more volunteers to take over responsibility for a flowerbed. If you do not have time to take a bed, perhaps you can make a donation to purchase



flowers, fertilizer, weed spray, and a storage box for storing tools and supplies. We also would like to purchase tulip bulbs for fall planting.

In addition, the garden club has responsibility for the three purple martin houses, which we plan to lower and close up until springtime. We still owe \$100 for the martin house near the pond north of Sonata Way. Two other groups have expressed an interest in having a martin house in their neighborhood and are collecting money for their unit. We will request permission to install them in time for the spring migration. If you have any questions regarding the garden club, please call Joan or Jack Hennessey at 410-758-4872.

Thank You "Butterfly Moms" by Linda Blume

Thanks go to all of you who have hosted caterpillars of the Eastern black swallowtail butterfly this summer on your parsley and dill. I've had so much fun listening to all your individual



success stories--the eggs, the first tiny brown babies, the ravenous bright green "teenagers," the chrysalis, and finally the drying of wet wings. I haven't seen all the stages myself; but together, in SV, we have. Who of us thought we'd be new "moms" again? I don't want to slight any "Butterfly Dads" out there – Thank you, too!

The Reading For Fun Book Club



The Reading For Fun Book Club met on August 19 to discuss the book *Angela's Ashes*, by Frank McCourt, recommended by Jack Hennessey. Joann Milczakowski provided a delicious almond cake, accompanied by green tea and regular ice tea. Due to the popularity of the book, we had several guests. This was one of the most interesting books that we have

read. On a scale of 1 to 5, it was rated 4.75.

For the September 16 meeting, June Silverman recommended *The Last Sin Eater*, by Francine Rivers. Read this book if you want to learn how to get rid of your sins! We understand that June will bring devil's food cake for dessert! For the October 21 meeting, we have chosen *Now and Again*, by Jack Finney. This book was made into a popular movie. New members are always welcome. Y'all come, and maybe you can recommend your favorite book for the November 18 meeting at 7 p.m.

Symphony Village Bird Club



Many birders "bird" even when they ostensibly are doing something entirely different. Such was the case at the Crab Feast on the Choptank River Queen. While enjoying the wonderful repast and the gorgeous scenery, we saw osprey, a juvenile bald eagle, a great blue heron, a cormorant, vultures, various kinds of seagulls, and mallards. Being "equal opportunity" observers, we also noted a <u>lot</u> of jellyfish in the Choptank River and many beautiful dragonflies winging above the water.

Two outings are planned for September. The first one is a guided nature hike "Birding Bonanza" at Pickering Creek Audubon Center in Easton on September 20. The second is a trip to Adkins Arboretum for a guided bird walk "Bluebirds to Warblers: Resident to Migrating Birds" on September 27. See the Activities Book for all the details and to sign up.

P.S. If you feed the ruby-throated hummingbirds, you have probably noticed that they have become even more aggressive in guarding their favorite feeding locations. It's so much fun to watch the aerial antics of the chase. They are fattening up in preparation for their fall migration to Mexico or Central America.

Beginning Quilters' Class

The Beginning Quilters Class will be held Tuesdays from 1-3 p.m. in the Crafts Room starting October 7. The first class will be an overview or introduction. Topics covered will be (1) projects to be made, (2) skills required, and (3) supplies needed. If you are still interested, attend class beginning October 14. There is no fee, but registration in the Activities Book is required.



Who can I see to buy jewelry for Christmas presents? See pages 16 to 20!

OF LOCAL INTEREST

Queen Anne's Chorale Announces Season Programs



In its 21st year, the Queen Anne's Chorale, under the direction of Robert Huntington, is pleased to announce the program schedule for its 2008-09 concert season. Rehearsals for the Chorale will begin on September 8 and are regularly held each Monday from 7 to 9 p.m. at the Centreville United Methodist Church just off Rt. 213 in Centreville. An "open" rehearsal for new member recruitment

will be held on September 15 at 6:30 p.m. No audition is required and singers of all levels are invited to attend. Music will be provided and a reception will follow the rehearsal.

In keeping with tradition, the Chorale will present two Christmas concerts (**December 6, 2008**, at Christ Episcopal Church, Kent Island, at 7:30 p.m. and **December 7, 2008** at Centreville United Methodist Church, at 4 p.m.) and a Spring Gala on April 25, 2009, at the Chesapeake College Todd Performing Arts Center.

31st Annual Art Show and Sale

Chesapeake College is holding the 31st Annual Art Show and Sale September 18 through November 1, Monday through Friday, at the Todd Performing Arts Center. The proceeds benefit Chesapeake College Art Scholarships. For more information, call 410-822-5400, Ext. 306

Chesapeake College Fall Flea Market

The Chesapeake College Fall Flea Market will be held September 20 with a rain date on September 21, from 8 a.m. to 12 noon. For information call 410-822-5400 Ext. 5750.

Ocean City Sunfest



This year's Sunfest will take place September 18-21 (Thursday--Saturday, 10 a.m. to 10 p.m. and Sunday 10 a.m. to 6 p.m.) See unique arts, crafts, food, children's activities, live entertainment under four big-top tents, and much more. See <u>www.ococean.com</u> for details.

13th Annual Winefest on the Beach

The Winefest will be held in Ocean City at the inlet parking lot on September 26-27, 11 a.m. to 7 p.m. Wineries from across the mid-Atlantic region will be present. Along with the wonderful wine, there will be arts and crafts, Chesapeake cuisine, and live entertainment. Admission is \$23 at the gate. See <u>www.winefest.com</u> for more information and a \$3 off coupon.

11th Annual Rock Hall Fall Fest

Rock Hall will host a Fall Fest on September 27, 10 a.m. to 5 p.m., at the Main Street and Sharp Street Pier. The street fair will feature artisans, craftspeople, music, food, children's activities, and waterfront exhibits. See www.mainstayrockhall.org/fallfest for details. Admission is free.

5th Annual Rural Heritage Day

Rural Heritage Day will be held on September 28, 11 a.m. to 4 p.m., at the Queen Anne's County 4-H Park in Centreville. There will be farm animal demonstrations, a quilt exhibition, a farmer's market, an art show and sale, children's activities, a speaker's tent, and historical displays. The Eastern Shore Land Conservancy sponsors the event. For more information, see <u>www.eslc.org</u>.

Historic Sites Open House

Sixteen historic sites in Queen Anne's County will be open on October 4, 10 a.m. to 2 p.m. Admission is free. For more information, see <u>www.historicqac.org</u>.

<u>38th Annual Chestertown Tea Time House Tour</u>



Chestertown will host their Tea Time House Tour on October 4, 1 to 6 p.m., in the Chestertown Historic District. Visit more than a dozen homes and celebrate the architecture in the 300-year old tidewater town. Afternoon tea will be served at a heritage site. Tickets are \$25 for adults / \$12.50 for children under 12. See www.kentcountyhistory.org for more information.

13th Annual Blackwater National Wildlife Refuge Open House

The Blackwater NWR in Cambridge will hold an open house on October 4, 8 a.m. to 4 p.m., at the Visitor's Center. The event will highlight wildlife and refuge management programs and

will feature demonstrations, tours, wildlife exhibits, and children's activities. Admission is free. See <u>www.blackwater.fws.gov</u> for details.

37th Annual Artisan's Festival

Craftsmen and artists will be showing their talents by exhibit and working demonstrations on October 4 & 5, 10 a.m. to 4 p.m., at the Queen Anne's County 4-H Park in Centreville. In the Kids Corner, children can have their faces painted, find the needle in the haystack, decorate a pumpkin, and go on a hayride. The Rotary Club sponsors the event, and proceeds are used for charitable purposes. **Nick Barbalace** of Symphony Village will be exhibiting his carvings.

Haunted Hayride

There will be a Haunted Hayride on October 10-11 and October 17-18. Enjoy a thrill-filled hayride through Ferry Point Park on the Kent Narrows. Enjoy hot cider and cookies as you travel through the eerie ghost town and view abandoned shanties and shipwrecks. The Kent Island Volunteer Fire Department and QA County Parks and Recreation sponsor the event. See www.kivfd.org for more information.

Ocean City Oktoberfest with Arts and Crafts Fair

Oktoberfest will take place at the Ocean City Convention Center on October 10-12: Friday and Saturday,11 a.m. to10 p.m., Sunday, 11 a.m. to 4 p.m. This is an annual traditional family Oktoberfest with music, dancing, sing-alongs, ethnic food, beer, arts and crafts, and eating and dance contests. Regular admission is \$6 per day for adults, \$5 per day for seniors, and free for children 13 and under. See www.oceanpromotions.info for details.

The Taste of Kent Narrows

Culinary delights from dozens of local restaurants and samplings of hometown beer and wine will be offered at The Taste of Kent Narrows. The event takes place on October 11, noon to 5 p.m., at the Chesapeake Exploration Center in Chester. Admission is \$20 in advance, \$25 at the door, and free for children 12 and under. Advance tickets will be available at participating restaurants. See www.tasteofkentnarrows.org for more information.

Chestertown Wildlife Exhibition

On Oct 18 the **Chestertown Wildlife** will have an Exhibition and Sale from 9:30 a.m. to 4:30 p.m. There will be a Patrons Party and Preview on Oct 17 from 5:00 p.m. to 7:00 p.m. in Parish Hall, Prince Theater, and Fire Hall. Areas of exhibits will include Parish Hall, Prince Theater, Visitors Center, Fire Hall, Chesapeake Bank and Trust, PNC Bank (old Mercantile Bank), and Peoples Bank. In addition, there will be exhibitors in other shops and offices. **Nick Barbalace** of Symphony Village will be exhibiting his carvings in the PNC Bank.

TRAVEL ARTICLE OF THE MONTH <u>River Cruise in Europe</u>

by Christa Fookes



We celebrated our 50th wedding anniversary cruising the scenic Rhine, Main, and Danube. As a centerpiece of our voyage between Amsterdam and Vienna, our ship passed through 66 stair-step locks, rising 1,332 feet above sea level. As we cruised, we saw fairytale towns that looked as if they haven't changed since the Middle Ages. We saw beautiful castles standing on the hills that lined the Rivers. We flew to Amsterdam, where we began with an exploration of the Old World capital. As we cruised Amsterdam's famed canals, we

admired the city's remarkable architecture. Our canal boat tour took us to a diamond factory, where we disembarked for a tour of the facility. We watched how the diamonds are cut to a brilliant sparkle. The highlight of the tour was trying on an \$80,000 diamond ring. I thought that after 50 years of marriage Gary would buy me this ring.

As we continued our trip on the Grand Circle Ship the "M/S River Aria," we visited Old World cities and towns, where we toured splendid palaces, castles, and cathedrals. In Cologne, we toured the magnificent gothic cathedral---the Kölner Dom. It is the largest Gothic cathedral in northern Europe, boasting beautiful stained glass windows and an ornate gold shrine on its elaborate altar. On our way to the city of Mainz, we cruised along some of the most beautiful and inspiring parts of the Rhine. We passed Lorelei, a large rock rising 440 feet above the river. I remember reading the old Germanic legend of a Siren (Lorelei); it is said she enticed sailors with her sweet songs to destruction on the reef below the rock. In Mainz, we visited the Gutenberg Museum, where the original Gutenberg Press and the Bible are housed. The inventor Johannes Gutenberg was born in Mainz around 1397. Before we went ashore in Nurnberg, we attended a Discovery Series discussion on German Life since 1933. I finally learned German history that we were not taught when I attended school in Germany. We then disembarked for a tour of Nurnberg, Bavaria's second largest city and once the unofficial capital of the Holy Roman Empire. During our tour here, we visited many fascinating historical sites, including the massive stadium where Hitler held his notorious rallies, and we sat in the Court Room where the Nurnberg Trials were held.

After visiting many other fascinating cities, we arrived in Vienna, Austria. Our tour in Vienna started with the elegant 2.5-mile Ringstrasse. It is a boulevard that encircles the Innere Stadt. The neoclassic buildings along the Ringstrasse bring together all the greatest architectural styles. We could not leave Vienna without visiting the world famous Vienna State Opera House and the renowned Spanish Riding School. It was a wonderful trip. There's no better way to travel and see the different countries than by small ship, 160 passengers. We unpacked just once during our cruise. While cruising, we enjoyed our time aboard the ship being entertained by a Magician, Bavarian Folklore dancers, Violin Show, Bavarian Comedy, and Dance Music. All of our meals were delicious and a wonderful wine was served with every dinner. We hope to travel soon again with Grand Circle.

RECIPE OF THE MONTH

Lemon Chicken

from the Kitchen of Allen Beck

2 cans chicken broth 1 T corn starch

- 1 T water
- 1 tsp fresh sage
- 1 tsp rosemary

1 T basil

2 lemons thinly sliced

6 boneless chicken breasts

- 2 T lemon pepper
- Coat both sides of chicken breast with seasoning
- Spray with oil
- Grill
- Mix corn starch and water; set aside
- Bring chicken broth to a boil
- Add cornstarch mixture
- Remove from heat
- Add remaining ingredients to broth
- Pour over chicken in a baking pan
- Bake for 10 min. at 325°



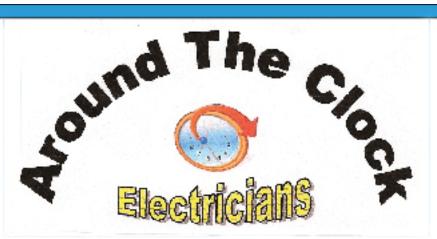
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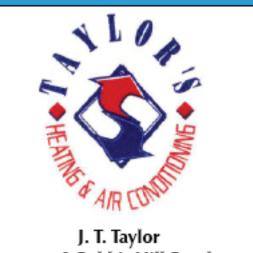
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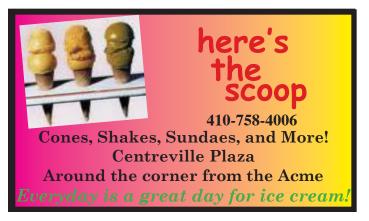
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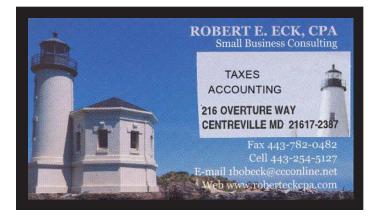
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